

# EQUIP CARD

June 18, 2017

# BERKLEY HILLS CHURCH

Describe a time in your life when you were running along just fine and making good progress toward your goal when you ran into a setback, you stumbled or your got sidetracked.

What kind of impact did this have on your progress?

How do you typically handle setbacks, stumbles, and sidetracks in your life?

## **Read Matthew 4:1-11 and Matthew 26:36-46**

In both of these instances, Jesus faced opposition and temptation. What did Jesus lean on to aid in His perseverance?

How does Jesus approach differ from your approach?

## **Read Psalm 32:3-5**

According to this passage, what is the result of holding onto (or hiding) sin rather than confessing it? What is God's response to the Psalmist confession?

How have you experienced the truth of this passage in your life? What are some of the reasons we hide and hold onto our sin rather than confess it.

Is there an area of your life right now where you feel sidetracked? Take some time to reflect and think about how you got there. What do you need to do to get back on track?

## **Read and reflect on Psalm 103**

### **Songs:**

Glorious Day-Kristian Stanfill  
Good Good Father - Chris Tomlin  
In Christ Alone-Kristian Stanfill  
Do It Again-Elevation Worship