



**“COME & SEE”**

**I’m curious** about the person of Jesus

- *I am learning about who Jesus is through a faith community*

**“FOLLOW ME”**

I’ve counted the cost and **I’m passionately committed** to a relationship with Jesus

- *The Word is my authority I spend time with Jesus on a consistent basis*
- *I’m being discipled and am engaged in Biblical community*

**“REMAIN IN ME”**

**I’m listening to, obeying,** and depending upon the Holy Spirit to live like Jesus

- *I have an extraordinary love for people*
- *I live my life with integrity and high moral character*
- *I practice radical servanthood and humility*
- *I believe my time, resources, and \$ belong to God*

**“SEND ME”**

**I’m compelled and sent** to share the love of Jesus with those around me

- *My primary calling is a disciple-maker*
- *I’m competent and confident in sharing my story and God’s story*

# PERSONAL ASSESSMENT

We realize that an objective standard of a disciple of Jesus is difficult to measure.

But we also believe there are some characteristics and behaviors that help us paint a picture of biblical discipleship. Begin this process with prayer. God is the initiator of the spiritual transformation that takes place and our dependence needs to be on Him throughout this entire process, not our own efforts! Ask Him to help you see your life clearly as you respond to each statement.

Each of us will self-assess differently, but here are a few helpful tips:

- When you come to a question you don't understand, mark yourself low.
- Don't score yourself on whether you should do something, but rather on whether or not it is a way of life for you. For example, you may believe it's good to love difficult people, but you normally try to avoid them instead of love them. If this is the case, score yourself low.

The questions are scaled on a scale of 0 (does not apply at all) to 5 (applies completely). Once completed, add each section score together for your total. There are no right or wrong answers, there are only YOUR answers. This is a tool to self-identify where you are in order to determine where you want to go!

## I'm Curious

Am I putting myself in spaces and places to know more about Jesus? \_\_\_\_\_

Am I actually learning more about Him? \_\_\_\_\_

Do I have someone I can ask questions about Jesus to? \_\_\_\_\_

**Total \_\_\_\_\_ (out of 15)**

## I'm Committed

Have I surrendered control of my life to Jesus? \_\_\_\_\_

Does my relationship with Jesus help shape who I am and how I live Mon-Sat? \_\_\_\_\_

Do I spend at least four days a week in prayer/reading God's Word? \_\_\_\_\_

Do I believe the Bible is the true Word of God? \_\_\_\_\_

Do I regularly reflect on and attempt to apply Scripture to all areas of my life? \_\_\_\_\_

Do I consult Scripture and my faith community before making important decisions? \_\_\_\_\_

Have I let other believers know that I am part of God's adopted family and am following Jesus through the symbol of baptism? \_\_\_\_\_

Is personal and corporate worship a priority for me? \_\_\_\_\_

Am I involved in a biblical community where I am known? \_\_\_\_\_

Is someone in my life discipling me? \_\_\_\_\_

**Total \_\_\_\_\_ (out of 50)**

### I'm Obeying

- Do you love difficult people and those different from you? \_\_\_\_\_
- Are you more concerned about the needs of others than your own convenience? \_\_\_\_\_
- Am I continually surrendering control of my life to Jesus? \_\_\_\_\_
- Am I living sexually pure? \_\_\_\_\_
- Do I often ask God to search me and know my heart? \_\_\_\_\_
- How willing am I to allow the Holy Spirit to transform me? \_\_\_\_\_
- Am I willing to be inconvenienced and uncomfortable if it's something I think the Holy Spirit is leading me to do? \_\_\_\_\_
- Do I have the mindset that everything I own is really God's? \_\_\_\_\_
- Do I joyfully use my time, resources, and \$ for God's mission in the world? \_\_\_\_\_
- Does my prayer life contain extended time for listening? \_\_\_\_\_

Total \_\_\_\_\_ (out of 50)

### I'm Compelled & Sent

- Have I identified lost people in my life that I pray for on a regular basis? \_\_\_\_\_
- Am I praying for opportunities to have spiritual conversations Mon-Sat? \_\_\_\_\_
- Am I comfortable sharing God's story? \_\_\_\_\_
- Am I confident sharing my story? \_\_\_\_\_
- Is the main purpose of my life to make disciples? \_\_\_\_\_
- Am I open to any mission God has for me, wherever He has it for me? \_\_\_\_\_

Total \_\_\_\_\_ (out of 30)

**I'm Curious** Total \_\_\_\_ Divide your total by .15 and write the percentage here

**I'm Committed** Total \_\_\_\_ Double your total write the percentage here \_\_\_\_\_

**I'm Obeying** Total \_\_\_\_ Double your total and write the percentage here \_\_\_\_\_

**I'm Compelled & Sent** Total \_\_\_\_ Divide your total by .6 and write the prct. here \_\_\_\_\_

You've taken a very important step in identifying where you are as a disciple of Jesus! While the questions are fresh in your mind and heart, try to capture some of the details as they relate to your experience in taking this assessment. This is simply to help you understand your thoughts, feelings, and what God may be saying to you through personal reflection. Take just a moment and write down any memories that came to you and any areas or statements that seemed particularly sensitive or maybe even painful. Lastly, capture any thoughts or emotions you feel called to take action on now. When you finish, go to the next page, where you will begin to develop a plan.

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# PERSONAL PLAN FOR SPIRITUAL GROWTH

Now that you've completed the assessment, you are ready to develop a targeted plan for spiritual growth. The objective is to discover where in your life the Holy Spirit wants to initiate change and then develop a goal for personal growth, along with a specific, measurable plan to realize this goal.

## Celebrate

Which question(s) do you consider to be your greatest strengths? After each one, summarize your thoughts on why this is an area of strength for you.

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## Targeting Your Growth Area

Looking over your assessment, which stage did you begin to see a significant decrease in the scores you gave yourself? (Circle one)

I'm curious                      I'm committed                      I'm obeying                      I'm compelled and sent

On which 3-4 questions in that stage did you give yourself the lowest score?

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From your answer above, identify 1-2 of those questions you desire to focus on in this next season. Before you make your final selection, spend a few minutes in prayer, asking the Holy Spirit to reveal what He desires you to work on and then listen in silence. Write it down, as well as why you chose this particular question(s).

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What are some ideas you have for specific action steps you can take in the area(s) you identified?

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Who can you ask to help you come up with other ideas, encourage you, pray for you, and hold you accountable?

Name: \_\_\_\_\_ Name: \_\_\_\_\_  
(fill out the next section after talking with the people above)

Today's Date: \_\_\_\_\_

In this next season, I, \_\_\_\_\_, with the help and power of the Holy Spirit, intend to grow in the area(s) of:

by (record specific action steps):

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# TRAILMAP STEPS

## What is a step for ME?

### CURIOUS “Come & See”

- Consistently attend Sunday morning experience (3 out of 4)
- Find someone ahead of you in the faith and ask them any spiritual questions you have
- Start the Bible reading plan using a Study Bible (available @ church) or listen to it on the YouVersion App
- Join a group to learn what it looks like to follow Jesus

### COMMITTED “Follow Me”

- Get baptized to publicly declare that Jesus is transforming you
- Spend 4 days/week in the Word (10 mins) and prayer (10 mins)
- Find someone ahead of you in the faith to learn from their spiritual habits & practices
- Attend Break-Thru
- Surrender to God something you are trying to hold onto yourself
- Join a group to be held accountable
- Use Scripture and the wisdom of godly people to make an important decision

### OBEYING “Remain in Me”

- Do something you don't want to do that you know God wants you to
- Tithe 10% of your income (or simply begin tithing any portion)
- Spend 10 minutes 4x/week listening to the Holy Spirit
- Sacrifice your convenience or comfort for someone else
- Begin the practice of fasting
- Stop something you know God doesn't want you to be doing
- Serve inside or outside of the church
- Sign up for the Spiritual Gifts Class “What You Do Best” on Sat., Feb. 19

### COMPELLED & SENT “Send me”

- Seek out relationships with lost people
- Pray for opportunities to have spiritual conversations Mon-Sat
- Sign up for the “Disciple Makers” class beginning Sunday, Feb. 6
- Share your story with a non-believer
- Share Jesus' story with a non-believer